



Heart-Centered Counseling

Carl R Nassar, M.A., Ph.D., NCC, LPC, CIP

Individual and Marital Counselor

109 West Olive Street, Fort Collins, Colorado 80521

Phone (970) 498-0709, Email drCarlN@mac.com, Web www.carlscounseling.com

License & Certification

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| LPC | Licensed Professional Counselor | Colorado License Number 4946 |
| NCC | National Certified Counselor | NBCC Certificate Number 202600 |
| CIP | Certified Integrative Psychotherapist | IIPA Certificate Number 67 |
| CAESP | Certified in Advanced Ethical Studies in Psychotherapy | Zur Institute Certificate |
| PM | Professional Member, American Counseling Association (ACA) | ACA Professional Member Number 6206968 |
| PM | Professional Member, Colorado Counseling Association (CCA) | CCA Professional Member |
| PM | Professional Member, International Integrative Psychotherapy Association | IIPA Professional Member |

Education

(Only Degrees From Fully Accredited Universities are Listed)

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|---------------------------------------|---|------------------------|------|
| University of Northern Colorado (UNC) | M.A. Community Counseling • GPA 4.0/4.0 • National Counselor Examination Score 148/160 (92.5%) | Greeley, Colorado | 2005 |
| McGill University | Ph.D. Communication Systems • GPA 4.0/4.0 • National Science and Engineering Research Council Scholar (Canada's most prestigious scholarship) | Montreal, P.Q., Canada | 1997 |
| McGill University | M.Eng. Communication Systems • GPA 4.0/4.0 • National Science and Engineering Research Council Scholar | Montreal, P.Q., Canada | 1990 |
| McGill University | B.Eng. Electrical Engineering • GPA 3.94/4.0 • British Association Medal for Great Distinction (highest GPA in graduation class) • J.W. McConnel Award & Narcissa Farrand Scholarship & Baylis Award | Montreal, P.Q., Canada | 1989 |



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Experience (1 of 2)

Psychotherapist, Private Practice

Heart-Centered Counseling

Fort Collins, Colorado

2001-Present

• *Individual and Marital Counseling*

- 50 active clients, 30-35 sessions per week
- Patients with Axis I and Axis II diagnosis
- Integrative approach, with emphasis on humanistic, relational, transactional analysis, Gestalt and cognitive models

• *Conference Presenter*

- "Ego States: Development, Definitions, and Determinants", Integrative Psychotherapy Professional Development Seminar, Nov. 15-16, 2008
- "Therapy for a Dying Planet: EcoPsychology and Sustainability" (2 hour presentation), CCA Conference, Sept. 16, 2006
- "EcoPsychology, Native American Soul and the Hero who Imagined Beyond Self", CCA Conference, Sept 17, 2005
- "A New Psychology of the Earth: Expanding Relationships into Sacred Reality", 20th Anniversary Conference of the Society for Human Ecology, Oct. 13-15, 2005

• *Author*

Articles

- *Integrative Psychotherapy: A Three Course Meal*. Colorado Counseling Association Newsletter, Vol. 10, Issue 1, Winter 2009, p. 16.
- *Gentle Juxtaposition and Unconscious Emotive Memory Storage*, Integrative Psychotherapy Process Journal (Online), Sept. 29, 2008.

Books & Book Chapters

- *The Spirit of Joy*. Miracle Books, 2002. Award-nominated self-help book.
- *Under the Benevolent Influence of a Water Deity* appearing in *Pulse of the River: Colorado Writers Speak for the Endangered Cache La Poudre*, pages 134-140. Johnson Books, 2006.

• *Continuing Education*

- Integrative Psychotherapy: 10-Day Residential Workshop (60 CEs)
- Integrative Psychotherapy: Rocky Mountain Institute for Integrative Psychotherapy (150 CEs)
- Ethics in Psychotherapy (50 CEs)
- Dissociative Identity Disorder (22.5 CEs)
- Dialectic Behavior Therapy (2.5 CEs)

• *National Book Tour*

- Interviewed (alongside Larry King, Jack Canfield, and Bernie Siegel) for book *Share Your Mission: The Personal Thoughts of Twelve Great Americans. Volume 3*. Hugo's Press, 2002.
- Interviewed for WB2 Morning Show, CBS Morning Show, CNN Headline News, Boston Community Television, Colorado Community Television, CBC (Canadian Broadcasting Corporation), Mars/Venus Radio, among others.
- Traveled nationally and presented at University of Chicago, University of Colorado, and booksellers nationwide.
- Presented locally at Poudre Valley Hospital, Mountain Crest, Colorado State University, FRCC, among others.



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Experience (2 of 2)

Tenured Professor, Electrical Engineering Colorado State University Fort Collins, Colorado 1997-2003

• *Awards*

- Engineering Faculty Award of Excellence
- IBM Faculty Award
- Exemplary Project Award, State of Colorado

• *Author*

- 2 Textbooks, one graduate and one undergraduate
- 22 Journal Articles, appearing in prestigious international journals

• *International Presenter*

- 72 conference proceedings at world's largest and most respected conferences
- Invited Corporate Speaker in Japan, USA, Canada - at Sony, Sanyo, Sharp, Pansonic, NASA, IBM, Qwest
- Regular weeklong workshop presenter for the Air Force Communications and Electronics Association in D.C.

• *Grant Writer*

- Awarded approximately \$1,00,000 in grants
- Awards from the National Science Foundation, State of Colorado, NASA, and Private Industry

• *Manager and Director*

- Founded, funded, and directed \$1M research laboratory
- Graduated several Ph.D. and M.S. students

• *Teacher*

- Taught Graduate and Undergraduate courses in the field of communication systems
- Received excellent student evaluations and overall teacher rating.